

## 苗圃茶馬古道助學行 2011

# Sowers Action Ancient Teahorse Route Expedition for Education 2011

08.10.2011 – 13.11.2011

### 報名表 Enrolment Form

參加者編號 Participant Ref. : \_\_\_\_\_  
(由大會填寫 For Internal Use)

#### 參加者個人資料 Personal Particulars

中文姓名 Name in Chinese		英文姓名 Name in English	(姓) Surname	(名) First Name
出生日期 Date of Birth (機票用 For air ticket use)	(DD/MM/YY)	性別 Gender	<input type="checkbox"/> 男 M / <input type="checkbox"/> 女 F	國籍 Nationality
<small>(註: 未滿 18 歲的參加者須得家長或監護人同意及陪同參加, 報名表需由家長或監護人加簽) (Parent/Guardian's accompanied and approval for applicant under age 18)</small>				
職業 (可選擇填寫) Occupation (Optional)		公司名稱 (可選擇填寫) Name of Company (Optional)		
身份證/護照號碼 HKID / Passport No.		回鄉證/通行證 Home Visit / Travel Permit	有效期至 Valid Until	(DD/MM/YY)
住宅電話號碼 Home Tel.		手提號碼 Mobile No.	電郵地址 E-mail address	
通訊地址 Address				

#### 其他選擇 / Preferences

本人欲與右列參加者同組: I prefer to be in the same team with (Name in right):	姓名(Name) ***	參加者編號(由大會填寫) Ref No. (internal use only)
本人欲與右列參加者同房: I prefer to share the same room with (Name in right):	姓名(Name)	參加者編號(由大會填寫) Ref No. (internal use only)
本人欲住單人房 (費用請參考後頁) Single Room Required (Please refer to p.2 for the fee)	<input type="checkbox"/> Yes / <input type="checkbox"/> No	其他要求(如素食) Other requests (e.g. vegetarian)

\*\*\* 分組情況: 參加者將分為約 10 人一組。如參加者希望和親友同組, 請填寫安排同組名單。惟大會會分配組別及房間的最後決定權。

\*\*\* Teams arrangement: Participants will be divided into teams about 10. Participants wish to be in the same team with relatives and friends, please indicate their names above. The organizer reserves the right for the final arrangement.

#### 緊急事故聯絡人資料 Emergency Contact (必須填寫此項 Must be provided)

姓名: (先生/女士) Name : (Mr. / Ms)	關係 Relationship:
聯絡電話 Contact no. :	電郵地址 E-mail address :

本人願意參加旅程後勤支援工作 (可選擇多於一項)

I would like to take part in supporting duties during the trip (May choose more than one)

組長 Team Leader  保安 Security  醫療 First Aid  攝影 Photography  房務 Room Management  娛樂 Entertainment

大會將提供參加者 T 恤隊衣, 請選擇尺碼 Please specify your size of team T-shirt as provided by the organizer

T-恤的尺碼, 僅供參考, 大會將儘量按所填報的尺碼送贈, 如在缺碼的情況下, 敬請接受大會安排。

Participant may not be able to get the size of the T-shirt requested due to limited stock

請選擇 Please <input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
尺碼 Size	S	M	L	XL	XXL
胸圍 Chest	88cm	96cm	108cm	116cm	132cm

本人  需要  不需要 以郵寄方式收取苗圃天地月刊, 藉以瞭解苗圃行動工作

A Sowers Action newsletter will be sending to participant monthly, please indicate your choice.  Yes  No

路線 Route:

選段 1 : 龍陵段 — 歷史體驗 TH3-1 : Longling Section - Historical experience

選段 2 : 騰冲段 — 風光如畫 TH3-2 : Tengchong Section - Beautiful scenery

選段 3 : 瑞麗段 — 民族濃情 TH3-3 : Ruili Section - Passion of minorities

\*全程 : 挑戰毅力 \*TH3-4 : Full Trip - Challenging Trail

活動查詢 : 電話 2597 4739 電郵 teahorse@sowers.org.hk 網址 http://www.teahorse.org.hk  
For Enquiry: Tel. 2597 4739 email teahorse@sowers.org.hk website: http://www.teahorse.org.hk  
日後如有修改, 應以最新版本為準 Further amendments should be subject to the latest version

請選擇參加路線 Please choose:

路線編號 Journey Reference	步行日期 (日.月.年) Period (dd.mm.yy)	日數 Duration	截止報名 (日.月.年) Enrolment Deadline (dd.mm.yy)	**旅費 (港幣\$) **Journey Fee (HK\$)	最低籌款額 (港幣\$) Minimum Donation (HK\$)	最低捐款 繳交日期 Minimum Donation Due Date	單人房 附加費(港幣\$) Single Room Additional Fee (HK\$)
<input type="checkbox"/> 選段 1 (TH3-1)	08.10.11-16.10.11	9	08.09.11	8,220	5,000	08.09.11	<input type="checkbox"/> 1,500
<input type="checkbox"/> 選段 2 (TH3-2)	23.10.11-30.10.11	8	23.09.11	7,990	5,000	23.09.11	<input type="checkbox"/> 1,300
<input type="checkbox"/> 選段 3 (TH3-3)	05.11.11-13.11.11	9	05.10.11	8,430	5,000	05.10.11	<input type="checkbox"/> 1,500
<input type="checkbox"/> *全程 (TH3-4)	08.10.11-13.11.11	37	08.09.11	26,340	20,000	08.09.11	<input type="checkbox"/> 5,500

\* 如全程(TH3-4)參加者不足 10 人，則可能取消 Full Trip Section (TH3-4) will be canceled if the enrolment is less than 10.

\*\* 旅費已包括往返香港/深圳至昆明來回機票、稅項及各項交通費。如燃油附加費用漲價，本會保留向參加者加收差額的權利。

Journey fee included: two ways air tickets (HKG/SZX to KUM), tax and all transportation cost. The Organizer reserves the right to charge the participant for extra cost of fuel surcharges.

參加者聲明 (未滿 18 歲之參加者，必須由監護人簽名同意)	Disclaimer and Indemnity (Guardian's signature is required for participants under the age of 18)
<p>1. 本人/我們已清楚明白有關資料，包括本活動的《報名詳情及須知》及《注意事項》，並同意參與及遵守[苗圃行動](主辦機構)及本活動所有有關之守則和主辦機構之臨時安排。</p> <p>2. 本人/我們謹此聲明並作出保證，本人/我們倘於活動期間發生意外，包括死亡、受傷或財物損失，本人/我們將自行承擔一切責任。主辦機構、贊助機構及支援機構毋須對此作出任何賠償或負上任何法律責任。</p> <p>3. 若本人/我們在活動進行期間，因自願或任何原因未能於主辦機構指定時間內到達指定地點，本人/我們將自行負責和安排離開會場。若本人/我們在活動期間發生事故而導致主辦機構支付額外開支，本人/我們願意支付所需費用。</p> <p>4. 本人/我們謹此一同聲明並作出保證：所有直接或間接從參與本活動所得捐款，將悉數捐予「苗圃行動」，作為改善中國教育用途，亦保證不得以本活動作為其他機構的捐款用途。</p> <p>5. 主辦機構將在活動進行期間(包括簡介會、活動當天，籌款頒獎禮及其他相關活動)，由主辦機構委任的攝影隊、錄影隊進行拍攝、錄音及錄像工作，所得的照片、影片、錄影帶、錄音帶或各類影音製品，在毋須諮詢任何人或取得任何人批准，亦毋須就此向任何人支付任何款項而使用該等影音製品作為推廣苗圃行動及其宣傳籌款活動用途。</p> <p>註: (i) 所有活動參加者都必須簽署此文件。參加者聲明將以郵寄方式送呈參加者，參加者必須在指定時間及方式交回主辦機構。</p> <p>(ii) 活動期包括正式活動前或後，任何有關之活動，包括但不限於簡介會、領取物資、訓練、籌募、頒獎禮和慶功宴。</p> <p>(iii) 此檔以中文版本為準，主辦機構有全部解釋權，並會不時更新。</p>	<p>1. I/We, the undersigned, wish to participate in this event organized by Sowers Action (the Organizer). I/We jointly and severally confirm and agree that I/we shall comply with all relevant rules &amp; regulations and other ad-hoc arrangements made by the Organizer</p> <p>2. I/We, the undersigned, declared that I/we take part in this event entirely at my/our own risks and that I/we shall not hold the Organizer, or any sponsors / supporting organizations, responsible for any accident of whatsoever kind, resulting in death or injury, or for any damage to or loss or destruction of personal properties during the course of this event.</p> <p>3. In case I/We withdraw from this event of my/our own accord or I am/we are disqualified by the Organizer because of my/our failure to reach the specified location within the corresponding time limits. I/we shall arrange my/our transportation to leave the venue. I/We also agree to indemnify or reimburse the Organizer in respect of any additional expenses or costs incurred by the Organizer arising from or in connection with my/our participation in this event.</p> <p>4. I/We, the undersigned, jointly and severally undertake that all funds raised directly or indirectly by my/our participation in this event will be paid in full to the Sowers Action. I/We will not raise funds for other charities by participating in this event.</p> <p>5. I/We, the undersigned, hereby acknowledge and agree that the Organizer may (without reference to, and without the prior approval of, or any payment to, any person) use, in any publicity material connected with this event (including but not limited to any of this event and the Organizer's websites) or in connection with any of the Organizer's promotional or fundraising activities, any photograph, film, videotape, record or other reproduction of the image and/or voice of me, my teammates or members of my support team who take part in this event and its related activities.</p> <p>Remarks:</p> <p>(i) All participants of events organized by the Organizer must agree and sign the <b>Disclaimer and Indemnity</b>. The Disclaimer and Indemnity will send to participant by post. It must be signed and returned to the Organizer in designated method and time.</p> <p>(ii) Event period includes but not limited to major event days, introductory meeting, material collection, training, fund raising, trophy presentation and celebration.</p> <p>(iii) The Chinese version of this Disclaimer and Indemnity has precedence over other versions. The Organizer has all the rights to interpret and make the amendment</p>

參加者健康狀況: 心臟病: 有 否 嚴重高血壓: 有 否  
Health Condition: Heart Disease:  Yes  No Serious Hypertension:  Yes  No

如屬傷健人士，請註明 / For physically challenged participant, please specify details: \_\_\_\_\_

陪同者姓名 Name of your participating partner: \_\_\_\_\_

未滿 18 歲的參加者須得家長或監護人同意及由其陪同參加 (Parent / Guardian's accompanied for applicant under age 18)

參加者家長或監護人姓名

家長或監護人簽署

Parent/Guardian's Name \_\_\_\_\_

Parent/Guardian's Signature \_\_\_\_\_

參加者簽名 Participant's Signature \_\_\_\_\_

Date 日期 \_\_\_\_\_

## 報名方法

請將填妥的報名表格連同以下文件 (1)-(3) 一起遞交

郵寄 - 九龍旺角廣東道 1155 號日昇廣場 1 樓 101 室 或

電郵(只適用於銀行入數) - teahorse@sowers.org.hk 或 傳真至 2597 4731

## Enrolment Methods

Completed Enrolment Form must be sent together with following documents (1) – (3) .

By post : **Room 101, 1/F, Sunbeam Plaza, 1155 Canton Road, Mongkok, Kowloon** or

By email (Cash Deposit only) : teahorse@sowers.org.hk or by fax : **2597 4731**

- (1) a) 支票 (By Cheque) - 支票抬頭 Payable to: 「苗圃行動」or 「Sowers Action」  
支票銀行名稱 Name of the Bank: \_\_\_\_\_ 支票號碼 Cheque No.: \_\_\_\_\_  
or b) 現金存款 (Cash Deposit) : 中銀香港 Bank of China **012-875-1-1460776** (帳戶/ Account Name 苗圃行動 Sowers Action)  
銀行入數紙 Bank-in Slip \_\_\_\_\_ 參加者姓名 \_\_\_\_\_  
參考編號 Slip reference: No. \_\_\_\_\_ Name of Participant: \_\_\_\_\_
- (2) 身份證影印本，需顯示照片及姓名 (並在影印本上劃線註明「只供茶馬古道使用」)  
Photocopy of ID Card, showing photo & name (crossed with “For the use of Ancient Teahorse Route Expedition for Education only”)
- (3) 回鄉證/通行證/護照影印本，需顯示照片、姓名及屆滿日期(並在影印本上劃線註明「只供茶馬古道使用」)  
(Photocopy of Home Visit Permit / Travel Pass / Passport, showing the photo, name and expiry date(crossed with “For the use of Ancient Teahorse Route Expedition for Education only”))

保障個人資料聲明 / 私隱條例	Personal Information Collection Statement / Personal Data (Privacy) Ordinance Statement
<p>苗圃行動(本會)對所有從參與本會舉辦的不同活動所取得的個人資料、包括活動參加者及捐款者資料，均會謹慎處理及徹底保密，並會按香港個人資料(私隱)條例處理。本會對所取得的個人資料，只會用作與活動參加者及捐款人通訊、開發收據、招募及宣傳本會工作等之用。</p> <p>私隱條例</p> <ol style="list-style-type: none"> <li>1. 根據香港個人資料(私隱)條例，個人資料提供者有權查閱及更正有關個人資料；</li> <li>2. 有關個人資料的查閱及更正，必須透過書面形式通知苗圃行動(本會)；</li> <li>3. 本會只會在個人資料提供者同意下，才會把有關資料轉給第三者。</li> </ol> <p>此檔以中文版本為準，本會有全部解釋權，並會不時更新。</p>	<p>Sowers Action will collect the personal data from various sources (the data). We treat the data strictly confidential and committed to implementing and complying with the data protection principles and the relevant provisions of the Personal Data (Privacy) Ordinance.</p> <p>Sowers Action will use the data for internal promotion, issue of acknowledgement or receipts, recruitment etc..</p> <p>Personal Data (Privacy) Ordinance</p> <ol style="list-style-type: none"> <li>1. According to the Hong Kong Data (Privacy) Ordinance, you have the right of access and amend with respect to personal data.</li> <li>2. Request for personal data access and amendment should be made to Sowers Action in black and white.</li> <li>3. Sowers Action will not transfer your personal data to a third party without your prior consent.</li> </ol> <p>The Chinese version of this document has precedence over other versions. Sowers Action has all the rights to interpret and make the amendment.</p>
<p><b>參加者注意事項</b></p> <ol style="list-style-type: none"> <li>1. 如因匯率、機票附加費調整、或生活消費物價變動，本會將保留調整旅費的權利。</li> <li>2. 因應實際情況，本會保留修改本活動《報名表》及《報名須知》內容的權利。</li> <li>3. 在任何情況下，已提交之善款均不會退回。</li> <li>4. 「苗圃茶馬古道助學行」是一項慈善助學步行活動，活動進行期間本會將舉辦各項宣傳籌款活動，以推廣助學訊息。參加者需理解本活動的意義，和同意有義務出席本會籌辦的宣傳籌款儀式或活動。</li> <li>5. 所有源自非運作費捐款所得之利息收入，將撥入本會發展基金作助學或運作用途。</li> </ol>	<p><b>Important Notes</b></p> <ol style="list-style-type: none"> <li>1. Organizer reserves the right to adjust the journey fee according to inflation, exchange rate and surcharge of fuel etc.</li> <li>2. Organizer reserves the right to amend the content of “Enrolment Form” and “Enrolment Requirements”.</li> <li>3. Under no circumstances shall the received sponsorship be refunded.</li> <li>4. “The Ancient Teahorse Route Expedition for Education” is a charitable walkathon, aiming to promote the need of education in China, the Organizer may organize various activities to arouse public interest about the aim, participants are encouraged to attend those activities</li> <li>5. All income from the interest of non-operation expenses donation goes to the development fund of the Organizer, the Organizer reserves the right to allocate it for educational or operational purposes.</li> </ol>

## 報名詳情及須知

1. 參加者必須在出發日或之前年滿 16 歲或以上。未滿 18 歲人士必須由家長或監護人陪同參加。
2. 參加者必須於出發日期之前 30 日籌募最低籌款額（每選段 HK\$5,000 / 全程：HK\$20,000）並提交本會。未能在此日期前籌募最低善款並提交者，將被視作自動退出參加，本會將退回已繳付旅費之 90%。但在任何情況下，已提交之善款均不會退回。
3. 退出退款：須以書面通知，於出發前 60 日通知退出活動，可獲退還活動參加費之 90%。於出發前 31-59 日前通知，可獲退還活動參加費之 50%。少於 30 日之前通知則不會獲任何退款。
4. 贊助表格將連同參加確認信寄出，參加者需把募捐所得善款連同填妥捐款人資料的贊助表格一併交回本會。本會將開發捐款收據，以用作減免稅項用途。
5. 活動旅費包括酒店（在住宿點不能同等分配時，需接受主辦單位的安排，並以先到先得為準則）、膳食及運作開支；但並不包括參加者來往出發地點之交通、中國簽證費用、旅遊保險費用及個人開支。（所有費用只供參考，將以出發前 90 日公佈的資料為準。）
6. 截止報名日期為各選段出發前 30 天，活動名額有限，先到先得，額滿即止。
7. 為加強參加者對活動之瞭解及培養團隊精神，將安排簡介會及步行訓練，參加者請盡量出席，詳情容後通知。
8. 參加者必須出席「最後召集」，領取活動物資（日期及地點容後公布）。
9. 參加者的行李限量為航空公司的免行李收費標準容積及重量。
10. 殘障參加者必須要有健全人士陪同方可參加，並由該名健全人士負責沿途照顧事宜。
11. 是次活動沒有慶功宴的安排，大會將按參加者意願及視乎活動運作經費的財政情況作出調整。
12. 為鼓勵參加者積極籌款助學，特設籌款獎勵計劃。細節容後通告
13. 為謹慎照顧參加者個人健康及於安全情況下進行此項步行籌款活動，倘若香港或步行地點的鄰近地區（包括中國內陸各省市及其他東南亞地區）經已發出疫症、傳染病警告或旅遊警示，本會將保留最終權利，包括更改路線、更改活動形式或取消活動。在任何情況下，已提交之捐款均不會退回。
14. 遇不可抗力（天災人禍）或基於公眾利益考慮等原因，本會得取消、終止或更改行程。參加者已繳交的旅費，需扣除已支付、必要開支及已預繳但未能收回等費用後，才退回給參加者。
15. 主辦機構已為參加者購買團體人身意外保險，保障年齡由 12 歲至 80 歲。永久傷殘或身故最高索償額分別是：12-75 歲為港幣 30 萬元、76-80 歲為港幣 20 萬元。此人身意外保險並不包括一般跌打損傷或輕微意外所衍生的醫療費，亦並非一般的旅遊保險。參加者應自行決定購買合適保額的醫療、旅遊或其他保險。
16. 參加者須注意自己的身體狀況，如有心臟病患或嚴重高血壓者請徵詢家庭醫生意見及提供醫生支持文件，並慎重考慮是否適宜參加此活動。
17. 本會保留最終取錄參加者之決定權。在任何情況下，已提交之捐款均不會退回。

## Enrolment Details and Requirements

1. Participants must be over 16 years old on or before the departure day. Parent/Guardian's company is required for ages under 18.
2. Minimum donation must be submitted 30 days prior to the departure (HK\$5,000 for each single section; \$20,000 for full trip). Participant who fail to meet the deadline will be deemed to withdrawal automatically. In such case, 90% of the journey fee will be refunded. Under no circumstances the received sponsorship is refunded.
3. Withdrawal and Refund: back and white notification must be submitted to the Organizer. Thus 90% of journey fee will be refunded for notification before 60 days of departure. 50% of journey fee will be refunded for notification between 31-59 days before departure. NO refund for withdrawal less than 30 days of notification before departure.
4. Sponsorship form will be sent to participant together with the confirmation letter. Completed form and donation must be sent to the organizer for issuing official receipts. Official receipts are tax deductible.
5. Journey Fee includes the cost for hotel(s) [The Organizer reserves the right to arrange the accommodation by first come first served criterion], meals and for the operation expenses of this activity. Operation expenses not include participant's transportation cost to or from the point of departure, traveling visa, insurance and personal expenses. (All cost subject to the final version at 90 days before the departure)
6. Deadline for enrolment: 30 days before the departure of each journey, first come first served.
7. Participants are encouraged to attend the briefing and training sections which are provided by the Organizer. Details will be notified.
8. Last Briefing : participants are required to attend and collect the necessary supplies for the journey. Details will be notified.
9. Free airline baggage (the volume and weight of baggage) is according to the airline requirement.
10. Physically challenged participant must be accompanied with relatives or friend who is capable to take care of his/her physical needs during the journey.
11. No celebration party is arranged for this activity. The Organizer may consider to hold such party according to participants' wishes and financial status of the event.
12. Fund Raising Award scheme will be arranged by the Organizer in order to encourage participants for continuous support to the education development in China. Details will be notified.
13. For the personal health and safety concerns of the participants, the Organizer reserves the right to change the route, the form of the event or even cancel the walkathon due to Hong Kong or neighboring regions of the walkathon take place (including China and other Southeast Asian inland provinces and cities) which have been given the epidemic, infectious disease warning or travel advisory. Under no circumstances the received sponsorship is refunded.
14. The Organizer reserves the right to cancel, terminate or change the itinerary due to natural disasters or other reasons of public interest considerations. The journey fee will be refunded after deducting the necessary expenses.
15. The Organizer has already purchased a Group Personal Accident Insurance for participants aged between 12 and 80 years old. The maximum amounts for death or permanent disability are as follow: HK\$300,000 for insured participants aged between 12 and 75 and HK\$200,000 for those aged between 76 and 80. This Group Personal Accident Insurance is not Travel Insurance and this policy does not cover any Chinese bonsetter expenses or any expenses incurred as a result of any minor injury. Participants should make their own decision to purchase the appropriate insurance coverage for medical, travel or other insurance
16. Participants must take good care of their physical condition, for those who have heart disease or severe high blood pressure, please consult the family doctor to provide medical advice and support documents. Participant should carefully consider if it is appropriate to participate in this activity.
17. The organizer reserves the final decision to admit the right of participants. Under no circumstances the received sponsorship be refunded.

**行程安排**大會將因應實際運作需要對行程安排作出相應變動，參加者須遵從大會指示。

**選段 1：龍陵段 — 歷史體驗 [九天、步行約 56 公里]**

日期 (日.月.年)	步行 公里	上午行程	午餐	下午行程	晚餐	住宿
08.10.11	-	深圳 / 昆明	昆明	起步禮	昆明	昆明
09.10.11	2	昆明 - 保山 (9 小時)	大理		保山	保山
10.10.11	6	保山保緬廣場 - 龍陵	小田壩	鎮安小田壩小學、家訪	龍陵	龍陵
11.10.11	12	乘車往臘孟鄉	鄉公所	茶馬古道(12 公里) - 惠通橋	龍陵	龍陵
12.10.11	13	步行 10 公里 - 蠻告小學	小學便餐	家訪 - 步行 3 公里	龍陵	龍陵
13.10.11	13	步行 10 公里 - 松山戰場	戰場便餐	參觀松山戰場 - 步行 3 公里	篝火晚會	龍陵
14.10.11	10	梭羅族 - 步行 10 公里	龍陵	參觀慰安婦展覽館- 黃龍玉市場	分享會	龍陵
15.10.11	-	龍陵 - 昆明	大理		酒店	昆明
16.10.11	-	西山龍門 - 大觀樓	昆明	昆明 / 深圳		

**選段 2：騰冲段 — 風光如畫 [八天、步行約 69 公里]**

日期 (日.月.年)	步行 公里	上午行程	午餐	下午行程	晚餐	住宿
23.10.11	-	深圳 / 昆明	途中	乘車往保山	保山	保山
24.10.11	12	保山 - 潞江壩 (4 公里)	潞江壩	高黎貢山茶馬古道 (8 公里)	騰冲	騰冲
25.10.11	12	芹菜塘茶馬古道 (12 公里)	和順	參觀和順鄉	騰冲	騰冲
26.10.11	9	步行 2 公里 - 清水鄉小學	小學便餐	步行 7 公里 - 參觀熱海景區	自理	騰冲
27.10.11	12	黑魚河(12 公里) - 騰冲火山群	順利小學	順利小學家訪 - 參觀固東銀杏樹村	篝火晚會	騰冲
28.10.11	15	和順鄉(15 公里) - 荷花鄉	途中	參觀國殤墓園、豐水河瀑布	分享會	騰冲
29.10.11	10	騰冲 - 保山	途中	保山 - 昆明	途中	昆明
30.10.11	-	西山龍門 - 大觀樓	昆明	昆明 / 深圳		

**選段 3：瑞麗段 — 民族濃情 [九天、步行約 74 公里]**

日期 (日.月.年)	步行 公里	上午行程	午餐	下午行程	晚餐	住宿
05.11.11	-	深圳 / 昆明	途中	乘車往保山	保山	保山
06.11.11	12	保山 - 芒市	芒市	芒市(步行 4 公里) - 大金塔 - 孟巴拉西珍奇園	芒市	芒市
07.11.11	20	芒市 - 隴川	便餐	遮隴公路 - 史迪威碼頭	芒市	芒市
08.11.11	17	畹町橋 - 中緬界河(11 公里) - 藥廠	途中	畹町橋(6 公里) - 參觀莫里瀑布	瑞麗	瑞麗
09.11.11	9	玉石市場 - 南京路收費站 - 隴川孤兒學校(9 公里)	學校便餐	孤兒學校、家訪	篝火晚會	瑞麗
10.11.11	16	雲井小學 (一寨兩國)	雲井小學	畹町橋(16 公里) - 國門社區廣場	分享會	瑞麗
11.11.11	-	瑞麗自由活動	午餐	瑞麗 - 保山	保山	保山
12.11.11	-	保山 - 昆明	途中		昆明	昆明
13.11.11	-	西山龍門 - 大觀樓	昆明	昆明 / 深圳		

## Daily Schedule

The Organizer reserves all the rights to change or alter the daily schedule when necessary, participants must follow the instruction of The Organizer.

### TH3-1 : Longling Section - Historical experience ( 9 days, 56 Km walk)

Date (dd.mm.yy)	Length of Walk (Km)	Before Lunch	Lunch	After Lunch	Dinner	Accommodation
08.10.11	-	Shenzhen / Kunming	Kunming	Kick-Off Ceremony	Kunming	Kunming
09.10.11	2	Kunming – Bao Shan(9 hours)	Dali		Baoshan	Baoshan
10.10.11	6	Baoshan Baoyou Square - Longling	Xiaotianba	Zhenan Xiaotianba Primary School, home visit	Longling	Longling
11.10.11	12	To Lameng county by vehicle	Country Office	Teahorse Route (12Km) – HuiTong Bridge	Longling	Longling
12.10.11	13	Walk 10Km – Mangao Primary School	School	Home visit – walk 3 Km	Longling	Longling
13.10.11	13	Walk 10Km – Songshan Battlefield	Battlefield	Sight visit at Songshan Battlefield – walk 3 Km	Campfire	Longling
14.10.11	10	Suoluo Tribe - walk 10 Km	Longling	Sight visit at Comfort Women Exhibition Hall – Huanglong Jade Market	Sharing	Longling
15.10.11	-	Longling - Kunming	Dali		Hotel	Kunming
16.10.11	-	Xishan Longmen – Daguanelou	Kunming	Kunming / Shenzhen		

### TH3-2 : Tengchong Section – Beautiful scenery ( 8 days, 69 Km walk)

Date (dd.mm.yy)	Length of Walk (Km)	Before Lunch	Lunch	After Lunch	Dinner	Accommodation
23.10.11	-	Shenzhen / Kunming	On the way	To Baoshan by vehicle	Baoshan	Baoshan
24.10.11	12	Baoshan – Lujiangba (4 Km)	Lujiangba	Gaoligongshan Teahorse Route (8 Km)	Tengchong	Tengchong
25.10.11	12	Qincaitang Teahorse Route (12 Km)	Heshun	Sight visit at Heshun Country	Tengchong	Tengchong
26.10.11	9	Walk 2 Km – Qingshui Country Primary School	School	Walk 7 Km – Sight visit Rehai Scenic Spot	Self service	Tengchong
27.10.11	12	Heiyu River (12 Km) – Tengchong Volcano	School	Home visit at Shunli Primary School- Sight visit Gudong Botany Village	Campfire	Tengchong
28.10.11	15	Heshun Country (15 Km) – Hehua Country	On the way	Sight visit at the graveyard of the hero and Dieshui River Waterfall	Sharing	Tengchong
29.10.11	10	Tengchong - Baoshan	On the way	Baoshan - Kunming	On the way	Kunming
30.10.11	-	Xishan Longmen – Daguanelou	Kunming	Kunming / Shenzhen		

### TH3-3 : Ruili Section – Passion of minorities ( 9 days, 74 Km walk)

Date (dd.mm.yy)	Length of Walk (Km)	Before Lunch	Lunch	After Lunch	Dinner	Accommodation
05.11.11	-	Shenzhen / Kunming	On the way	To Baoshan by vichele	Baoshan	Baoshan
06.11.11	12	Baoshan - - Mangshi	Mangshi	Mangshi (4 Km walk) – Dajin Tower – Mengbalaxi Rare Garden	Mangshi	Mangshi
07.11.11	20	Mangshi – Longchuan	Light meal	Zhelong Highway – Shidiwei Pier	Mangshi	Mangshi
08.11.11	17	Wanting Bridge – Border River of China & Myanmar (11Km) – Pharmaceutical factory	On the way	Wanting Bridge (6 Km) – Sight visit MoliWaterfall	Ruili	Ruili
09.11.11	9	JadeMarket – Nanjianglu Tollgate – Longchuan Orphan School(9 Km)	School	Orphan School and home visit	Campfire	Ruili
10.11.11	16	Yunjing Primary School (stockaded village of two nation)	School	Wanting Bridge (16 Km) – Guomen Community Square	Sharing	Ruili
11.11.11	-	Vagile at Ruili	Lunch	Ruili - Baoshan	Baoshan	Baoshan
12.11.11	-	Baoshan - Kunming	On the way		Kunming	Kunming
13.11.11	-	Xishan Longmen – Daguanelou	Kunming	Kunming / Shenzhen		